

# Moving and Handling of the Spinal Injured Patient 2024

Would you like to learn more about mobilising patients with unstable spine?

Come and join us on the Moving and Handling workshop at the Royal London Hospital !!!

## LOCATION

Education Academy, The Royal London Hospital, Turner Street, Whitechapel, London E1 1FR



## BOOKINGS

Please contact Valerie Phillips via email:

Valerie.phillips1@nhs.net

## PRICE

NBE and NELETN members — £170 per person

Other hospitals outside these networks — £ 220 per person



## DATES

Thursday 15<sup>th</sup> February

Thursday 11<sup>th</sup> April

Wednesday 26<sup>th</sup> June

Thursday 8<sup>th</sup> August

Wednesday 23<sup>rd</sup> October

Thursday 28<sup>th</sup> November

Wednesday 4<sup>th</sup> December



## CONTENTS

- Spine ANP workshop
- M&H legislation and guidelines
- Types and mechanisms of spinal fractures
- Collar and Brace application
- Practice session: log roll, head hold, lateral transfers, spinal board & hover jack and mat.

## PROVIDERS

**Valerie Phillips**, RGN, BSc (Hons), MSc, Moving and Handling Ergonomics Service Lead

**Jandira Trindade**, BSc (Hons), ACP, Lead nurse Complex Spine

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**You will be given an attendance certificate!**

**This course is RCN accredited.**